



# COURS COLLECTIFS SUR ECRAN PROGRAMME 2020/21

Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi	Dimanche
05:00	05:00	05:00	05:00	05:00	05:00	05:00
BODYPUMP	RPM	SH'BAM	BODYPUMP	CXWORX	SH'BAM	BODYCOMBAT
06:00	06:00	06:00	06:00	06:00	06:00	06:00
RPM	SH'BAM	BODYPUMP	RPM	BodyBalance	BODYCOMBAT	BODYCOMBAT
07:00	07:00	07:00	07:00	07:00	07:00	07:00
BODYPUMP	BodyBalance	BodyBalance	BODYCOMBAT	BODYPUMP	BODYPUMP	SH'BAM
08:00	08:00	08:15	08:00	08:00	08:00	08:00
RPM	BODYCOMBAT	CXWORX	CXWORX	RPM	BodyBalance	BODYCOMBAT
09:00	09:00	09:00	09:00	09:00	09:30	09:30
BODYPUMP	BodyBalance	BodyBalance	BODYPUMP	BodyBalance	BODYCOMBAT	BodyBalance
10:00	10:00	10:00	10:00	10:00		
BodyBalance	CXWORX	BODYCOMBAT	RPM	CXWORX		
11:00	11:00	11:00	11:00	11:00	11:00	11:00
RPM	CXWORX	BodyBalance	BODYPUMP	CXWORX	RPM	CXWORX
12:00	12:00	12:00	12:00	12:00	12:00	12:00
CXWORX	RPM	CXWORX	RPM	BODYPUMP	BODYCOMBAT	SH'BAM
13:00	13:00	13:00	13:00	13:00	13:00	13:00
BODYPUMP	BodyBalance	BodyBalance	CXWORX	SH'BAM	BODYPUMP	BODYPUMP
14:00	14:00	14:00	14:00	14:00	14:00	14:00
BODYPUMP	BODYPUMP	SH'BAM	BODYCOMBAT	BODYPUMP	BodyBalance	RPM
15:00	15:00	15:00	15:00	15:00	15:00	15:00
BODYCOMBAT	RPM	BODYPUMP	BodyBalance	CXWORX	BODYCOMBAT	BODYCOMBAT
16:00	16:00	16:00	16:00	16:00	16:00	16:00
BODYPUMP	BODYCOMBAT	RPM	BODYCOMBAT	BODYCOMBAT	SH'BAM	BodyBalance
17:00	17:30	17:00	17:00	17:30	17:00	17:00
CXWORX	CXWORX	SH'BAM	SH'BAM	CXWORX	BODYPUMP	BODYCOMBAT
18:00	18:00	18:00	18:00	18:00	18:00	18:00
RPM	BODYCOMBAT	RPM	BODYPUMP	SH'BAM	RPM	RPM
19:00	19:00	19:00	19:00	19:00	19:00	19:00
BODYPUMP	SH'BAM	BODYPUMP	BODYCOMBAT	BODYCOMBAT	BodyBalance	SH'BAM
20:00	20:00	20:00	20:00	20:00	20:00	20:00
CXWORX	BODYPUMP	BODYPUMP	SH'BAM	BodyBalance	CXWORX	BodyBalance
21:00	21:00	21:00	21:00	21:00	21:00	21:00
BODYCOMBAT	RPM	CXWORX	BodyBalance	BODYPUMP	SH'BAM	CXWORX
22:00	22:00	22:00	22:00	22:00	22:00	22:00
SH'BAM	BODYCOMBAT	BODYCOMBAT	BODYPUMP	RPM	BODYPUMP	BODYCOMBAT